



The rule that applies on every tour is:

SAFETY FIRST.

Awaiting you in the great outdoors are adventures – but also dangers // When planning your tour, safety should be the number one priority. Having the right first-aid equipment is so important because in extreme cases it can be decisive in saving the health and life of a fellow tour participant.

To ensure you are really in a position to help, you need a first-aid kit that offers more than the average bandage set. In cooperation with the Outdoorschule Süd, **TATONKA** has developed a first-aid system that is setting new standards in terms of equipment, handling and quality.

Every **TATONKA** first-aid set contains bandage dressings with a non-stick wound dressing instead of an unsterile gauze bandage, a triangular bandage made from tear-resistant material, and high-quality bandage scissors instead of the standard inferior models usually included in first-aid kits. All sets are delivered with the contents. That is not only practical, but also imperative to ensure that the necessary equipment can be quickly located during emergencies.

Of course, **TATONKA** also offers the matching first-aid product for each use. For example, **First-Aid Sterile** for trips into countries with difficult hygienic conditions, **First-Aid Basic Waterproof** for use in wet weather or on the water or the **Basis**, **Compact** and **Advanced First-Aid** sets for short or long tours.

The First Aid Basic kit is mandatory for every outdoor enthusiast // Safety should not be taken lightly while hiking.

Read more about First Aid Basic on page 116.

In case of an emergency, necessary know-how is just as vital as the proper equipment //

A sprained ankle, a broken finger, severe stomach aches or an allergic reaction – none of these are life-threatening problems if a hospital or emergency assistance is located nearby. But if they occur in the middle of the woods, in the mountains, or in the desert, these injuries would pose an entirely different set of challenges. In emergencies, one must be able to apply quick and practical assistance. Therefore, we recommend taking regular first-aid refresher training courses, for example in the seminars offered by the **Outdoorschule Süd**.

EMERGENCIES IN REMOTE OUTDOOR LOCATIONS REQUIRE FAST AND PRACTICAL HELP.

Useful tips and information can be found on the first-aid “Cheat Sheet” by the Outdoorschule and in the guidebook “First Aid Outdoors”. With this knowledge and a well-equipped first-aid kit in your rucksack, you will be well prepared for anything dangers that might come your way.



The first-aid kits are packaged by disabled people working in the Ulrichswerkstätten Schwabmünchen.



YOUR PARTNER WHEN IT COMES TO SAFETY.

OUTDOOR
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The **Outdoorschule Süd e. V.** in Hinterzarten is the largest supplier of outdoor emergency management in German-speaking countries. In realistic emergency conditions, the association offers training that teaches specialist knowledge beyond the “standard” first-aid course. More information regarding the seminar programme is available online at www.outdoorschule-sued.de.

IN AN EMERGENCY, CHEATING IS ALLOWED.



In cases of emergency, valuable assistance is provided by the Outdoorschule Süd’s first-aid cheat sheet that is included in every **TATONKA First Aid Bag**. Step by step, it explains what needs to be done in the case of an emergency and clearly describes what you need to do using funny and useful mnemonics.

A VALUABLE RESOURCE:



If you would like more complete information regarding this topic, we recommend the book “**Erste Hilfe Outdoor**” (only available in German). This in-depth reference guide conveys simply and clearly what is important in outdoor emergency management – from training to equipment to first aid. (published by ZIEL-Verlag, ISBN 978-3-940562-02-9)

FIRST AID COMPLETE

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The perfect first-aid equipment for all outdoor activities. The full features in terms of safety are particularly recommended for use “off the beaten track”, where fast-acting medical attention is not guaranteed. When administered correctly, first aid can prevent problems in the future and in an emergency situation there’s no time to make your way to the nearest doctor to wait for help. First Aid Complete is designed for up to four people and expeditions of up to 7 days. But that doesn’t mean you shouldn’t take any less care on your travels.

Contents: 1× Hansaplast wound plaster, 1× dressing 60×80 cm, 1× fixation plaster 30×15 cm, 3× SAN wound compress 10×10 cm, non-adhesive, 1× first-aid outdoor set of instructions, 1× checklist, 10× alcohol swabs, 1× straight pair of bandage scissors, sharp/blunt, 1× pair of tweezers 9 cm, 1× rescue blanket 160×210 cm, 2 pairs of vinyl gloves, 1× roll of sport tape 10 m×2.5 cm, 1× triangular bandage (viscose), 1× large bandage pack, non-adhesive compress, 1× medium bandage pack, non-adhesive compress
Material: 420 HD Nylon

Article: 2716 First Aid Complete
Colours: 015 red
Weight: 500 g
Dimensions: 18×12.5×5.5 cm

FIRST AID ADVANCED

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Fully equipped first-aid kit for all of those in a position of responsibility. The Outdoorschule Süd designed this kit especially with group or tour leaders in mind. Its contents are just as extensive – and are designed to cover first-aid requirements for up to six people on tours of less than 14 days. But take note: It doesn’t just suffice to have the right material with you. It’s just as important to know how to use it properly. We also recommend training sessions by the Outdoorschule Süd.

Contents: 1× medium-sized bandage pack, non-adhesive compress, 1× medium-sized-dressing, non-adhesive compress, 1× dressing 60×80 cm, 1× medium stretch bandage 8 cm, 5× SAN wound compresses 10×10 cm, non-adhesive, 1× triangular bandage (viscose), 1× fixation plaster 30×15 cm, 1× Hansaplast wound plaster 50×6 cm, 1× roll of sport tape 10 m×2.5 cm, 5× Compeed blister pads, 10× alcohol swabs, 1× pair of tweezers 9 cm, 1× pair of straight bandage scissors, sharp/blunt, 3 pairs of vinyl gloves, 1× flexible fever thermometer NexTemp, 1× SAM splint, 1× rescue blanket, 1× rescue blanket 160×210 cm, 1× first aid outdoor set of instructions, 1× checklist
Material: 420 HD Nylon

Article: 2718 First Aid Advanced
Colours: 015 red
Weight: 700 g
Dimensions: 24×15.5×7.5 cm



FIRST AID BASIC



OUTDOOR
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Article: 2708 First Aid Basic

Colours: 015 red

Weight: 230 g

Dimensions: 18 × 12.5 × 5.5 cm

Basic first-aid equipment. This kit contains daytrip basic equipment for one person – perfectly tailored to the purpose and clearly stored away. After all, the Outdoorschule Süd has not only passed on its expertise to the “big first-aiders”.

Contents: 1 × medium-sized bandage pack, non-adhesive compress, 2 × wound dressings 10 × 6 cm, sterile, 1 × Leukoplast® plaster roll 5 m × 1.25 cm, 5 × plaster strips 7.2 × 2.5 cm, 1 pair of vinyl gloves, 1 × rescue blanket 160 × 210 cm, 1 × first-aid outdoor set of instructions, 1 × checklist **Material:** 420 HD Nylon



FIRST AID STERILE



OUTDOOR
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Article: 2712 First Aid Sterile

Colours: 015 red

Weight: 260 g

Dimensions: 24 × 15 × 6 cm

Additional first-aid kit, especially for long-distance journeys. Of course we're not suggesting you should put the scalpel or hypodermic needle to use yourself. But depending on your destination, the medical standard can greatly vary depending on local conditions. The sterile materials make sure that sufficient medical provision is guaranteed in regions where the hygienic conditions are less than ideal. Simply hand over the contents to the responsible doctor.

Contents: 1 × disposable scalpel 12, 1 × surgical gloves, sterile, size 7,5, 1 × thread 2/0 non-absorbable (Seralon), 1 × Vasofix catheter G16, 2 × Vasofix catheters G18, 1 × Vasofix catheter G20, 1 × infusion system, 5 × hypodermic needles G20, 2 × 10 ml syringes, 2 × syringes 5 ml, 2 × syringes 2 ml **Material:** 420 HD Nylon

FIRST AID BASIC WATERPROOF

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Article: 2710 First Aid Basic Waterproof

Colours: 015 red

Weight: 200 g

Dimensions: Ø 24 × 40 cm

Minimum equipment in a waterproof case. Stocked for one person and designed for use on daytrips. The waterproof case ensures that even in snow, rain or use on the water, when canoeing for example, the material also stays dry and usable.

Contents: 1× medium-sized bandage pack, non-adhesive compress, 2× wound dressings 10 × 6 cm, sterile, 1× Leukoplast® plaster roll 5 m × 1.25 cm, 5× plaster strips 7.2 × 2.5 cm, 1× pair of vinyl gloves, 1× rescue blanket 160 × 210 cm, 1× first aid outdoor set of instructions, 1× checklist **Material:** 420 HD Nylon



FIRST AID COMPACT



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Article: 2714 First Aid Compact

Colours: 015 red

Weight: 390 g

Dimensions: 18 × 12.5 × 5.5 cm

Basic first-aid equipment for two. The materials here have also been compiled into a compact kit based on the rules of the Outdoorschule Süd. This kit is designed for expeditions lasting one to three days.

Contents: 2× wound dressings 10 × 6 cm, sterile, 1× Hansaplast wound plaster 20 × 6 cm, 1× SAN wound compress 10 × 10 cm, non-adhesive, 10× alcohol swabs, 1× first-aid outdoor set of instructions, 1× checklist, 1× straight pair of bandage scissors, sharp/blunt, 1× tweezers 9 cm, 1× rescue blanket 160 × 210 cm, 2× pairs of vinyl gloves, 1× large bandage pack, non-adhesive compress, 1× Leukoplast® plaster roll 5 m × 1.25 cm, 1× triangular bandage (viscose) **Material:** 420 HD Nylon



FIRST AID SCHOOL



First-aid kit for children. With this kit, your offspring will be ideally prepared for an “emergency” in their lunch break. Dino plasters are sure to work wonders. And of course your little ones will also feel a lot safer if they can treat themselves on their way to school. With the mini-carabiner, the First Aid School kit can also be firmly attached everywhere – preferably onto one of the great **TATONKA** school satchels of course.

Contents: 1× elastic gauze bandage 6 cm, 1× small bandage pack, non-adhesive compress, 1× compress 5 × 5 cm, non-adhesive, 1× roll of silk plasters 2.5 cm × 5 m, 4 × Dino motif plaster strips 7.2 × 1.9 cm **Material:** 420 HD Nylon

Article: 2704 First Aid School
Colours: 015 red

Weight: 65 g
Dimensions: 14 × 10 × 3 cm

FIRST AID MINI



Little emergency helpers can also work wonders. Just using the tick tweezers in time can prevent the worst from happening if you end up in the wrong place at the wrong time. But of course the First Aid Mini kit also covers the many little scratches and scrapes that could happen along the way.

Contents: 1× plaster strips 7.2 × 2.5 cm, 5× small bandage packs, non-adhesive compress, 1× tick tweezers, 1× roll of sticking plaster 5 m × 2.5 cm, 2× wound plasters 10 × 6 cm, elastic **Material:** 420 HD Nylon

Article: 2706 First Aid Mini
Colours: 015 red

Weight: 120 g
Dimensions: 10 × 7 × 4 cm

RETTUNGSDECKE



A must-have item. The **TATONKA** rescue blanket is made of an aluminium-steamed PE foil, which reflects the body’s own heat. A rescue blanket can be vital for people who have just been rescued.

Features: ① Highly reflecting aluminium-steamed PE foil ② Packaged very small
Material: Aluminium-steamed PE foil

Article: 2985 Rettungsdecke
Colours: 028 gold

Weight: 50 g
Dimensions: 160 × 210 cm

FIRST AID XS | S | M



First-aid bags in three sizes (without contents) – Ideal for all of those who wish to choose their own contents. Depending on the size, the features vary – from the simple insert pocket (XS) down to the fold-out inside section with insert and zip compartments in different sizes (S/M). The two bigger models have an all-round zip, which guarantees a good overview and easy access. All first-aid bags can be carried comfortably by the attachment loops on the hip strap of the rucksack. So they’re never in the way, but always close at hand.

Features: ① First-aid bags (without contents) with all-round zip fastener ② Fold-out inside section ③ Two attachment loops ④ Insert compartment in various sizes ⑤ Zipped mesh pocket **Material:** 420 HD Nylon

Article: 2807 First Aid XS
Colours: 015 red

Weight: 65 g
Dimensions: 10 × 7 × 4 cm

Article: 2810 First Aid S
Colours: 015 red

Weight: 140 g
Dimensions: 18 × 12.5 × 5.5 cm

Article: 2815 First Aid M
Colours: 015 red

Weight: 160 g
Dimensions: 24 × 12.5 × 6.5 cm

FIRST AID PACK



Article: 2730 First Aid Pack

Colours: 015 red

Weight: 2.65 kg

Dimensions: 45 × 37 × 22 cm

Volume: 20 l

Emergency rucksack for outdoor use (without contents). The TATONKA rucksack for emergency situations was especially designed for outdoor use and, thanks to the padded carry system and waist strap, can also be carried to difficult to access locations. The all-round zip fastener means that it is always easy to access the contents quickly and you will have an ideal overview of the sensible compartments for bandages, medication and other first-aid items. The First Aid Pack can always be individually filled, depending on the type of tour you have planned.

Features: ① Sensible division into compartments for bandages, first-aid items and medication (not included) ② Back carrying system ③ Waist strap

Material: 420 HD Nylon

FIRST AID FAMILY



Article: 2720 First Aid Family

Colours: 015 red

Weight: 400 g

Dimensions: 25 × 18 × 18 cm

Large first-aid box (without contents). This practical box with plenty of space can be filled with everything you need to be prepared for emergencies on a family holiday. The length-adjustable shoulder strap is detachable and the box is also fitted with a name badge and practical handle. The large inside compartment is padded all the way round, has Velcro-adjustable compartments and attachment loops. The see-through pockets for flexible replenishment ensure that you have a good overview of all contents to save time in the “worst-case scenario” of an accident.

Features: ① Adjustable compartments ② See-through pockets ③ Attachment loops ④ Shoulder strap ⑤ Carrying handle **Material:** 420 HD Nylon